English 102 Portfolio
Section (3419)
(Wanyi Liu)
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Portfolio Cover letter

Dear Portfolio Reader,

During learning though this semester. I’ve learned a lot of new knowledge and review the information of last quarter. I can improve my in-text citation, how to think rhetoric and ask question that confuse me from last quarter. It’s a very good learning experience. Overview the whole quarter, I total complete three projects. Making an argument to convenience reader the superhero you write is the best superhero ever. Second assignment is to tide all the information that useful to my research paper to a bibliography. The last one is to actually write my research paper. But there have many prepare work need to do. Such as find searchable topic and research question then build a thesis.

During the process of compose superhero paper. Its kind like a warm up of this quarter. To practice in text citation and make a strong argument to convince people. It use logos pathos and ethos to convince reader to believe Sherlock Holmes is the best superhero in the world. The difficult point is to make a clear and strong thesis then run through the whole paper. The easiest part is to decide a superhero and write it fluently. Because the Sherlock is the superhero that I familiar with and I have a lot of points need
to write.

Compose an annotated bibliography before start write my research paper is a great strategy. I can search a lot information about my topic and get start very quickly. It’ not only save my time, but also give me an idea to find source to support my thesis. I searched the information of cosmetic surgery and better understanding what my topic is and how to make an argument. One of the biggest achievement is clarify my topic isn’t about plastic surgery but cosmetic surgery. Actually, the process of find information and read it is boring and took me very long time. The paper is so professional that I cannot understanding what the paper trying to transfer to us. So taking notes and highlight the section is useful to my paper is a very great way to make my information being organized.

The research paper is the hardest assignment. The reasons why is 15 pages long and it’s hard to follow the thesis all the time. Sometime I just get lost in my paper. Some of the information from journal article is hard to combine with my paper but it’s related to my topic. So the order of the information and how to make it interconnected it’s impotent. In this time, the worksheet and the outline template of research paper is extremely important. Professor already think of it and provide to us. It a better way to get into research paper.

The part I like the best of the class is the peer review. It’s a good way to communicate with classmates and through others view to look at my paper and gives me a lot excellent feedback of my paper. After each peer review. Its gives me a lot of idea that how to revise my paper and the good comments they give me also makes me
have more passion to finish my work. But everyone gets their own points of view. So sometimes I get confuse of who’s advice I should listen to it. I also like the atmosphere in our class. We all get involve in class through ask question, peer review. I dislike sometime when professor talks about the content which is already covered in English 101 class. The good way to think of it that it’s a great review and recall your knowledge. But the bad thing is hard to concentrate whole class. Because the concept is repetitive and it’s hard to focus.

Sincerely,

Wanyi Liu
The Physical And Psychological Repercussions In Cosmetic Surgery

Introduction

Nowadays, we have very advanced techniques in the medical field and sophisticated equipment to do surgery with a high degree of safety. The cosmetic and plastic industry have gradually become well-known and popularized in recent years. But we need to divide those two surgeries and notice their differences. It’s easy to confuse with some of the professional words involved in certain technologies like plastic surgery and cosmetic surgery. They have same process but in medical terms are totally different. There are many differences between these two surgeries, such as surgery type, the benefit they gain and the purpose of taking these two surgeries. Plastic sugary is a surgery by a highly qualified surgeon and the purpose is to repair damage of skin or tissue to a normal by congenital disorder. People who have undergone major surgery or have been injured due to an accident and who have suffered cleft palate at birth will prefer to do to plastic surgery. Other main surgeries include breast reconstruction and breast reconstruction and repair burned skin from accidents (Cosmetic surgery, stephenmcculley.co.uk).

When we already knew the concept of plastic surgery, then we could talk about the
main idea of this paper, which is cosmetic surgery. Cosmetic surgery is a unique type of surgery performed at people who wants to improve their own appearance. It focuses on improvement and changes in appearance that patients feel unsatisfied with then through surgical and medical techniques to improve it. Cosmetic surgery program include liposuction, breast augmentation, fat lifts and nose jobs. The physical and emotional benefits are also the factors which to tempt people to have a cosmetic surgery. Cosmetic surgery enhances areas that patients dislike. Some of them accept their new change in their body and life to make them more confident and less embarrassed when they face people. In general, the defining factor is that plastic surgery is essential surgery, whereas cosmetic surgery is non-essential (Cosmetic surgery, stephenmcculley.co.uk). So, not one of the cosmetic surgery people do is necessary for their body. People want to do the cosmetic surgery usually they feel unconfident of themselves. People still have expectation of the perfect face and body to make them have sense of superiority and more confidence when they walk in street. Sometimes they only see the unreal advertisement of cosmetic surgery and ignore the risk and side effects might happen in surgery. Then trust cosmetic surgery will make them become more confident and rebuild them self-esteem.

Cosmetic surgery is becoming more popular than ever, and more people blindly trust surgery. According to the statistics of the American Society of Cosmetic Plastic Surgery, more than 11.7 million people underwent surgery in 2007. Statistics were collected for the first time 10 years ago, and the number of operations increased by more than 400% for ten years period (Coila, Bridge, Livestrong.com). The data above
present that the increasing of cosmetic surgery and more and more people willing to so the receive the surgery in recent years. Cosmetic surgery is trending now. 15.1 million Cosmetic procedures were done in United States in 2013. It's has increase 3 percent from last year (Christian, Medicalnewstoday.com). Companies put out some new products like hyaluronic acid and hydro lifting, which is cheaper than surgery. That’s means patients still use the product of cosmetic surgery. But they reduce production costs cause the products to have the same effect but more convenient and cheaper than surgery. For example, the product named is hyaluronic acid, it through subcutaneous injection is used to temporarily to reduce wrinkles, lines and scars. But they are not permanent, repeated treatment to maintain the best results. Using those product for a lone term people may occur dependence of product. Those products may cause anaphylactic reaction and face will become rigid after use several times.

Patient under the attempt and social influence to receive the surgery in goal, they want to improve mental health and psychosocial function through cosmetic surgery. According to the American Society of Plastic Surgeons (ASPS). ASPS are the largest cosmetic surgery professionals in the world. With 94 percent of professional cosmetic surgeons on the market, ASPS become a global authority and authority on cosmetic and plastic surgery worldwide and ASPS will have a report ever year to show the situation of cosmetic surgery in America (About ASPS, plasticsurgery.org). The data shows that in 2003, ASPS members performed 1,781,191 selective surgeries and 7,012,752 minimally invasive surgeries such as botulinum injection and chemical peels. Especially eyelid surgery, liposuction and dermabrasion is most popular. The data from
ASPS shows that buttock lifts enhanced by 78%, 61% for tummy tucks, and 267% of injection just between 2000 and 2003 (Donna et al., 1). These data all shows that cosmetic surgery became more popular now and marked increase in demand for cosmetic treatments because diversified selection of surgery and they offered at a moderate price. This phenomenon leaded to a problem that more and more people choose to bear the risks to take the surgeries, shows that people influence by the advertisement in social media and the definition of beauty is tortuosity now. They did not take the surgery because the unreasonable high price. Now the detriment the new product. So that the people who feel lack of confident or influence by the society jump to the traps called “never satisfy of their appearance and want to use the product”.

The influence of cosmetic surgery has caused more and more people choose to trust this surgery and willing to experiment on their faces even though cosmetic surgery is unnecessary for normal people. What causes them to give up their own face and body to do surgery? Because the society that we live in too emphasis on physical appearance and have the standard of beauty to our feel dislike our look. We feel our appearance makes them feel stressful and embarrassment in social contact or just because our own mind being washed by fake advertisements become increasingly concerned about others opinion then cares our appearance. Surgery promises more confidence and people believe it. Cosmetic Surgery cannot satisfy peoples desires all the time and will bring complications and psychological problems, therefore some patients can not feel life being changed and become more confident. Such as some people will body dysmorphic disorder which is feel addiction to plastic surgery. Michael Jackson is a
specific example which I will cover it in the rest of my paper. People need to stop believing cosmetic surgery can change your life and make you more confident. The acceptance of cosmetic surgery, the motivation of surgery, which media reports, have exaggerated the benefits of surgery and minimized risks. Being addicted to surgery can cause body dysmorphic disorder. Although People's tastes of appearance are changing but we don't have to spend our time and money trying to pander to other people's opinions. Plus taking unnecessary risks to get the surgery done. Patients considering cosmetic surgery plan to spend two to three weeks healing their wounds to get proper outdoor activities. For example, double eyelid surgery can take two to three years to become natural. Not only is it a waste of time but the cost of cosmetic surgery can be prohibitively expensive, costing $6,000 or more (Coila, Bridge, Livestrong.com). You might lose some promotion chance in company or people feel uncomfortable with your new look.

**Influence of unreality advertisement**

What will cause cosmetic surgery to become so popular and increase so fast? The answer was influence by social media and the advertisement to young girl, which provided unrealistic dreams that then can change their appearance to another person. They can have a round nose, big eyes and full lips just like a star. In advertisements, they show perfect people without saying any risk or any side effects. The widespread popularity of cosmetic surgery advertisements has exaggerated the benefits of surgery and minimized risks. Sometime girls do not think they need to change their face and
they feel the need to satisfy their body. But the promise of cosmetic surgery industry gives them stress and make them think they really should change their appearance. Even though there have to take out loans and get into debt then to pay for cosmetic surgery that they do not need.

The standard of beauty is change now and the beautiful woman always represents wealth and ability (Physical Perfection for Sale 2). A study in Swami’s paper “Looking good: factors affecting the likelihood of having cosmetic surgery” shows 71% man and 40% woman consider that a beautiful body and a pleasant appearance are the primary conditions for successful job and maintaining good social relations (Lorenzo et al. 154). Therefore, young women pursue those unpractical techniques and promises. Patients who believe the exaggerated advertisement and did the cosmetic surgery but cannot achieve the appearance they are looking for. No matter what surgery they all have risk. Cosmetic surgery only can improve the part you unsatisfied but it cannot make you from normal person to Taylor swift. The first several weeks you will feel unfamiliar with your new look or your surgery was failed. The consequence is patient appear psychological problems and lack of confidence of their fail face.

To avoid and reduce this situation, advertisement of cosmetic surgery should be controlled and cosmetic surgery needs to become more realistic. They should fully demonstrate information about ‘products’, including the effects of all operations, risks and possible side effects (Physical Perfection for Sale 2). Such as Liposuction may lead to hematoma, infection, altered sensation, allergic reaction, dehulling and
unsatisfactory results (Christian, Medicalnewstoday.com). In deontological provisions indicate shows, the information and communication with the person who is assisted fix patient’s comprehension and must be understandable, specific and take care of sensitivity and emotional reactivity (Lorenzo et al. 156).

According to National bioethics committee, 76 cosmetic and enhancement medicines of deontological provisions indicate detailed instructions prior to surgery for surgery that do not lead to unrealistic expectations. They must also be made prior to written consent. In 2002, The National Bioethics Committee emphasized that the committee urges doctors to verify in detail whether doctors will tell patients prior to cosmetic surgery how the surgery was performed, their health status during recovery, possible risks and benefits, and if the expected results are correct. In recent years, doctors have been expected to give patients a realistic idea of the possible consequences. Doctors have long expected to use logic and statistical probability methods to explain the likelihood that a patient’s actual appearance will improve and to describe the outcome after surgery (Lorenzo et al. 155). The cosmetic industry is obliged to provide accessible, transparent, rigorous, and prudent scientific information that is truthful, correct, and suitable for informational medical information. (Lorenzo et al. 154).

People’s opinion and acceptance of cosmetic surgery

Cosmetic surgery is becoming more common now, but we only know a little about our attitude towards surgery. The general population’s attitude toward cosmetic surgery, whether they are willing to undergo surgery, and the extent to which they change over
time and factors related to such attitudes are largely undiscovered. Scientist began to explore the process of undergoing plastic surgery and physical experience like the relationship between body dignity and self. Some people may be completely willing to accept plastic surgery for those around them, but they are not interested in using it. Cash has contended there has two aspects to influence others view which is views obtained from personal surgical experience and those who have no surgical experience as social objects (Henderson-King, Donna 2).

Mead thinks that a person’s social environment affects people’s self-awareness. Physical attractiveness is an important factor in the current social structure (Henderson-King 2). People are willing to use various means to become attractive people. Research shows that women who have breast augmentation surgery have a greater rate of appearance-related teasing than those who have not undergone surgery. Cosmetic surgery can reflect a deep sense of personal imperfections in appearance. Cosmetic surgery does not focus on personal vanity but is seen as something that enables individuals to repair impaired self-concepts. As a result, cosmetic surgery has been considered as a tool used to maintain or enhance self-esteem over time.

They did four study to research that the relationship between dissatisfaction with appearance and acceptance of cosmetic surgery. The first one mainly investigated the motivation for cosmetic surgery. The questionnaire was sent to 1489 employees at Loyola University in Chicago. The total of the survey was 683 respondents returned the questionnaire and the response rate was 46%. In this sample, there have 77% considered
themselves white, and the age of the people who taken this survey are between 18 and 72 years old, with an average age of 39. The advantage of the improved self-image and personal career, as well as interest in more attractive partners and others, are potential of cosmetic surgery, and pain or side effects which influence the decision (Donna et al. 135). As the study above, People think better appearance will lead to better position and development at work and in society. This is why young people choose surgery and the expectation. They don't want to have the same degree and experience but lose opportunities because of their looks. In other words, the fearful comments of others and the social impact of their shame cause them to lose confidence. That’s the reason why they lose confident. As the discussion we had above, wo already knew cosmetic surgery cannot bring their confidence and might make them have psychological problems like depressive disorder and BDD.

Another study by McKinley and Hyde's shows that under the background of Western individualism, the influence of social society produces and promote the motivation of cosmetic surgery (Donna et al. 137). The actual depiction and commentary of the terrible and humiliating appearance of a woman on the other hand has led to a relationship between dissatisfaction with the appearance and the acceptance of cosmetic surgery. In general, the fear of lack of attraction, the influence of social society and the influence of social media all increase physical humiliation were associated with cosmetic surgery. But their motivation of surgery more is concerned about beauty in the views of others rather than their own opinion or the influence of themselves. That way causes them psychologically to feel ashamed and self-confidence
to change people's attitudes toward cosmetic surgery for their physical appearance.

Patients all expect that through the cosmetic surgery to change their body image, establish their self-esteem that is destroyed by the social environment. Cosmetic surgery industry has external commitments that they will help patients to achieve the goal they have expected through their product. But there is not all the positive influence on patients. The negative influence is exists and some of the failed cases and negative influence that have been hidden by cosmetic industry and the patients lose their confidence and become afraid to face society. They failed of surgery may cause the eyes one is big and other one is small, feel allergy to product. That all make them be afraid of to look at the mirror and feel terrible of themselves. They may become crazy and being rude of doctor. Patients can through some other methods to make them more charming. Such as do exercise and get lots of friends to become happier. There has a study to investigate that cosmetic surgery whether it effect patient's body image before and after the cosmetic surgery, and whether self-esteem and psychological problems were changed.

The study consisted of two groups of respondents, one group consisting of 155 patients from hospital and they did surgery who completed the questionnaire before and six months after surgery. The other group was composed of 838 women from Norway who had no physical experience to complete the questionnaire. Comparing those two group, the result shows that patients feel their own self-esteem has been increased and the body image has changed too. There’s no big difference in postoperative patient and
self-esteem measurements change happen after surgery (Von Soest et al., 1240). It based on people who do not have physical problem before and the term of this study was only 6 months. The short-term psychological effects of cosmetic surgery are likely to affect the authenticity of the questionnaire and overestimate the long-term effects and persistence after surgery. The reason for this split into two distinct groups is that he two groups are in sharp contrast. To show if their have any difference between those two groups and make it clear to record and read. The reason why choose six month is because six months is usually just a recovery period. On the one hand, psychological measurement of patients themselves is inaccurate. Patients appearance changes and they feel new to themselves. On the other hand, people need to adapt their new appearance and take their time to receive the effect in society and in mental health.

Based on this study, cosmetic surgery can indeed help patients improve their mental health and psychosocial function, but there are still unsatisfying psychological results and depression due to unrealistic expectations, an anxiety disorder or a history of personality disorder (Eda et al. 79). Some people are not satisfied with the results of cosmetic surgery. Therefore, they want to do more surgery to fix their weakness. It’s like addiction to surgery. At the end, Those people have BDD are not only because they feel unsatisfied of their look but only They enjoy the change and pleasure of surgery. Cosmetic surgery gives those patients hope they do surgery again and again for the perfect look. They are called "never satisfied" patients, which is addiction to surgery and they usually all have body dysmorphic disorder (BDD). BDD is a dyspareunia that people will have illusion that makes them think they have a defect in their appearance.
They want to be perfect through cosmetic surgery.

Surgery can bring damage for both patients and surgeons. BDD can encounter depression and adjustment problems, social isolation, family dysfunction, self-destructive behavior (Eda, et al. 79). Among 50% of BDD patients will consider accepting cosmetic surgery. 6.4% of them are looking for non-psychiatric treatment which is through the way of cosmetic surgery and 66% of them already did the surgery (Eda et al., 79) Those patients can bare surgery process repetition all over the time. During the research of Edgerton, they found out persons who have postoperative mental disorders in rhinoplasty accounted for 55% of the total number of patients, including 55 women and 115 of men with rhinoplasty. Personality traits have also been identified as having a definite effect on cosmetic results. 50% of patients were diagnosed as having a personality disorder (Roberta et al. 2). Patients could not accept a cosmetic appearance and were defined as “disfigured” and required further surgery to recover their previous appearance. This is an astonishing statistic and facts real happened in cosmetic area. It proves that half of the patients who get surgery are have personality disorder and BDD. It shows us that how dangerous and how seductive cosmetic surgery have. It not only cannot make us feel confident but also make us addicted to it. BDD patients also feel lack of confident of their look and they are more sensitive than normal people about others evaluate. Some of the BDD patients are not very deep and believe the influence of surgery but most of them are caused by the show up of the cosmetic surgery industry.
There has a specific example of BDD patient and how cosmetic surgery destroy a person’s confidence and make people addicted to surgery step by step. We all know Michael Jackson, one of the greatest singers in American and known as “King of Pop.” Also, is the best and classical example of BDD. However, Michael Jackson did more than one hundred surgeries to try to reach the appearance he excepted but he failed. He did skin bleaching to look like a white person, Botox fillers, bleached skin, cheek implants and lip augmentation. In 1991, after his nose had undergone five operations, his nostrils began to assume a triangular appearance (Revealed: Scalpel by scalpel, Dailymail.uk). He was very satisfied with his nose but on one occasion he broke his nose and performed numerous repair operations. The airway was blocked and very narrow making breathing difficult. Because of the graft on the face, the implant caused him to have a hole in his skin. He played a heavy price for doing too much surgery on his face. He lost a part of his ear to rebuild his face and face become pale due to frequent skin bleaching. Last but not least, 50 years old Jackson was 350 million dollars in debt (Revealed: Scalpel by scalpel, Dailymail.uk). Michael Jackson build a lot of concerts and earn millions bills but he get a debt. It’s hard to imaging Michael Jackson has this much of debt. But it’s true and it’s all due his more than one hundred cosmetic surgery. Now, we get an idea of how expensive of cosmetic surgery. As protect your money. You won’t want to take a risk of doing cosmetic surgery.

The technique of cosmetic surgery has not become very convincing. Since the advertisement of surgery won’t tell the truth and the risk patient’s need to take during the surgery. Doing a cosmetic surgery is not simple. People need to know all the detail
of the surgery product you want to have Compare more than 5 clinics and choose the most authoritative one to protect your information. Be prepared to take risks. Shock, respiratory failure and cardiac arrest may all occur during surgery. Patients not only have to bear high medical costs, but also suffer from inflammation and certain emotional damage. People’s confidence and mental health may be damaged permanently due to the result of cosmetic surgery, since there will always be judgments receiving from the others. Besides, excessive cosmetic plastic surgery on a person can also cause disfunctions on the body. Once patients have body dysmorphic disorder, they cannot rebuild confidence again. They will feel less confident and won’t believe others good suggestion. For those reasons, cosmetic surgery can’t help people’s mental health and self-esteem.


Daily mail repoter, “Revealed: Scalpel by scalpel, how Michael Jackson destroyed his looks in 100 options.” Dailymail, 6 May 2016 http://www.dailymail.co.uk


Henderson-King, Donna, and Henderson-King, Eaaron. “Acceptance of Cosmetic


https://ezproxy.olympic.edu:2093/science/article/pii/S1748681508004610
Nowadays, we have very high techniques in medical field. We also have mature technology and sophisticated equipment to do some surgery and have a high degree of safety. Therefore, the cosmetic and plastic industry have gradually become well-known and popularized in recent years. But we need to divide those two surgeries and notice their differences. It’s easy to confuse with some of the professional words involved in certain technologies like plastic surgery and cosmetic surgery. They have same process but in medical terms are totally different. There are many difference between these two surgeries, such as in surgery type, the benefit they gain and the purpose of taking these two surgeries. Plastic sugary is a surgery by a highly qualified surgeon the purpose is to repair damage of skin or tissue to a normal by congenital disorder to a normal stage. People who have undergone major surgery or have been injured due to an accident and who have suffered cleft palate at birth will prefer to do to Plastic surgery and the main surgery include Breast reconstruction and repair of breast reconstruction and repair burned skin by accidents (Stephenmcculley, Cosmetic surgery).

When we already knew the concept of plastic surgery, then we could talk about the main idea of this paper which is cosmetic surgery. Cosmetic surgery is a unique type of surgery performed at people who wants to improve their own appearance. It focus on
improve and change appearance that patients feel unsatisfied with then through surgical and medical techniques to improve it. Cosmetic surgery program include liposuction, breast augmentation, fat lifts and nose jobs. The physical and emotional benefits are also the factors which to tempt people to have a cosmetic surgery. Cosmetic surgery enhances areas that patients dislike. Some of them accept their new change in their body and life to make them more confident and less embarrass when they face people. In general, the defining factor is that plastic surgery is essential surgery, whereas cosmetic surgery is non-essential (Stephenmcculley, Cosmetic surgery). So people do not suppose to do any of the cosmetic surgery. People still have expectation of the perfect face and body to make them have sense of superiority and more confident when they walk in street.

Why Cosmetic surgery is worthy to studying and searchable? Cosmetic surgery is becoming more popular than ever, more and more people blindly trust surgery and being fraud by superficial benefit and advance without discover the surgery in depth. According to the statistics of the American Society of Cosmetic Plastic Surgery, more than 11.7 million people underwent surgery in 2007. Statistics were collected data for the first time 10 yeago, and the number of operations increased by more than 400% during ten years period (Ray, Linda Positive and Negative Benefit). Cosmetic surgery is keep trending now. They did 15.1 million cosmetic procedures on United States in 2013. It's has increase 3 percent from last year (Catherine Hannan, MD What you should know). On account of the product of cosmetic surgery become more and more. Company put out some new produce like hyaluronic acid and hydro lifting which is
cheaper than surgery then to instead of operation. Patient under the attempt and social influence to receive the surgery in goal, they want to improve mental health and psychosocial function through cosmetic surgery. According to the American Society of Plastic Surgeons (ASPS), shows that in 2003, ASPS members performed 1,781,191 selective surgeries and 7,012,752 minimally invasive surgeries such as botulinum injection and chemical peels. Especially eyelid surgery, Liposuction and dermabrasion are most popular. The data from ASPS shows that buttock lifts enhanced by 78%, 61% for tummy tucks, and 267% of injection just between 2000 and 2003 (Henderson-King, Donna 1). Those data all shows that cosmetic surgery become more popular now and marked increase in demand for cosmetic treatments because diversified selection of surgery and they offered at a moderate price.

The influence of cosmetic surgery cause more and more people choose to trust this surgery and willing to do experiment on their faces even though cosmetic surgery is unnecessary for normal people. What cause them to give up their own face and body to choose do surgery then change it? Because their appearance makes them feel stressful and embarrassment in social contact or just because our own mind being washed by fake advertisement become increasingly concerned about others opinion then cares our appearance. Surgery promise that can help them become more confident and people believe it. The risk and complication would happen in surgery. Cosmetic Surgery cannot satisfy peoples desires all the time and will bring complications and psychological problems, therefore some patients can not feel life being changed and become more confident. People need to stop believe cosmetic surgery can change your life and make
you more confident. Actually, the acceptance of cosmetic surgery, the motivation of surgery which is media reports have exaggerated the benefits of surgery and minimized risks, being addicted to surgery and cause body dysmorphic disorder to patients are all the factors that cause patient being not confident of their face and body. I will explain in detail in the following paragraph of my paper what caused the patient have physic and psychological change after surgery.

- Influence of unreality advertisement

What will cause cosmetic surgery to become so popular and increase so fast? The answer was the motivation which was the social media and the advertisement influenced young girl so much and give them unrealistic dream that then can change their appearance to another person which have roman nose, big eyes and full lips just like a star. In advertisement, they show perfect people without saying any risk or any side effect probably will happen. The widespread dissemination of enlarged the popularity of cosmetic surgery advertisements and has exaggerated the benefits of surgery and minimized risks. Sometime girls do not think they need to change their face and they feel satisfy of their body. But the promise of cosmetic surgery industry give them stress and make them think they really should change their appearance. Even though there have to take out loans and get into debt then to pay for cosmetic surgery that they do not needed. The standard of beauty is change now and the beautiful woman always represent wealth and ability (“Physical Perfection for Sale” 2). A study shows 71% man and 40% woman consider that a beautiful body and a pleasant appearance are
the primary conditions for successful job and maintaining good social relations (Lorenzo, Pierpaolo Di 1). Therefore, because young women pursue those materially succeed and believe their unpractical technique and promise. Patient who believe their exaggerated advertisement and did the cosmetic surgery cannot achieve the appearance they are looking for. The consequence is patient appear psychological problem and lack of confident of their fail face.

To avoid and reduce this situation. Advertisement of cosmetic surgery should be controlled and cosmetic surgery needs to become more realistic. They should fully demonstrate information about 'products', including the effects of all operations, risks and possible side effects (“Physical Perfection for Sale” 2). In deontological provisions indicate shows, the information and communication with the person who is assisted fix patients comprehension and must be understandable, specific and take care of sensitivity and emotional reactivity (Lorenzo, Pierpaolo Di 2). According to article 76 cosmetic and enhancement medicine of deontological provisions indicate, detailed instructions prior to surgery for surgery do not lead to unrealistic expectations and must be made prior to written consent. In 2002, The National Bioethics Committee emphasized that the Committee urges doctors to verify in detail whether doctors will tell patients prior to cosmetic surgery whether they will tell the patient how the surgery was performed, whether their health status during recovery, possible risks and benefits, and expected results are correct. Will meet the patient's subjective expectations. The cosmetic industry is obliged to provide accessible, transparent, rigorous, and prudent scientific information that is truthful, correct, and suitable for informational medical
information. Can reduce the patient's deception and unfounded expectations or illusory hopes (Lorenzo, Pierpaolo Di 2).

-People’s opinion and acceptance of cosmetic surgery

Cosmetic surgery is becoming more common now, but we only know a little about our attitude towards surgery. The general population’s attitude toward cosmetic surgery, whether they are willing to undergo surgery, and the extent to which they change over time and factors related to such attitudes are largely undiscovered. Scientist began to explore the process of undergoing plastic surgery and physical experience like the relationship between body dignity and self. Some people may be completely willing to accept plastic surgery for those around them, but they are not interested in using it. Cash has contended there has two aspects to influence others view which is views obtained from personal surgical experience and those who have no surgical experience as social objects (Henderson-King, Donna 2). Mead think that a person’s social environment affects people’s self-awareness. Physical attractiveness is an important factor in the current social structure (Henderson-King, Donna 2). People are willing to use various means to become attractive people. Research shows that women who have breast augmentation surgery are have a greater rate of appearance-related teasing than those who have not undergone surgery. Cosmetic surgery can reflect a deep sense of personal imperfections in appearance. Cosmetic surgery does not focus on personal vanity, but is seen as something that enables individuals to repair impaired self-concepts. As a result, cosmetic surgery has been considered as a tool used to maintain or enhance self-
esteem over time.

They did four study to research that the relationship between dissatisfaction with appearance and acceptance of cosmetic surgery. The first one mainly investigated the motivation for cosmetic surgery. The questionnaire was sent to 1489 employees at Loyola University in Chicago. The total of the survey was 683 respondents returned the questionnaire and the response rate was 46%. In this sample, there have 77% considered themselves white, and the age of the people who taken this survey are between 18 and 72 years old, with an average age of 39. The advantage of the improved self-image and personal career, as well as interest in more attractive partners and others, are potential of cosmetic surgery, and pain or side effects which influence the decision (Donna et al. 135). Other study shows that under the background of Western individualism, the influence of social society produces and promote the motivation of cosmetic surgery (Donna et al. 137). The actual depiction and commentary of the terrible and humiliating appearance of a woman on the other hand has led to a relationship between dissatisfaction with the appearance and the acceptance of cosmetic surgery. In general, be afraid of lack of attraction, the influence of social society and the influence of social media all increase physical humiliation were associated with cosmetic surgery. But their motivation of surgery more is concerned about beauty in the views of others rather than their own opinion or the influence of themselves. That way causes them psychologically to feel ashamed and self-confidence to change people's attitudes toward cosmetic surgery for their physical appearance.
Patients all expect that through the cosmetic surgery to change their body image, establish their self-esteem that is destroyed by the social environment. Cosmetic surgery industry has external commitments that they will help patients to achieve the goal they have expect through their product. But there is not all the positive influence on patients. The negative influence is still existed and some of the failed cases and negative influence that have been hidden by cosmetic industry and the patients lose their confident become afraid to face the society and to tell the truth in social media. There has a study to investigate that cosmetic surgery whether it effect patient's body image before and after the cosmetic surgery, and whether self-esteem and psychological problems were changed. The study consisted of two groups of respondents, one group consisting of 155 patients from hospital and they did surgery who completed the questionnaire before and six months after surgery. The other group was composed of 838 women from Norway who had no physical experience to complete the questionnaire. Compare those two group, result shows that patients feel their own self-esteem has been increased and the body image has changed too. There’s no big difference in postoperative patient and self-esteem measurements change happen after surgery (Von Soest, et al, 1240). It based on people who do not have physical problem before and the term of this study only 6 months. The short-term psychological effects of cosmetic surgery are likely to affect the authenticity of the questionnaire and overestimate the long-term effects and persistence after surgery.

Because six months is usually just a recovery period. On the one hand, psychological measurement of patients themselves inaccurate. Patients appearance
changes and they feel new look of themselves. In other words, it’s the rationalize of the money and time they spend on surgery. Also, the risk they take on surgery. On the other hand, people need to adapt their new appearance and take their time to receive the effect in society and in mental health.

Based on this study, cosmetic surgery can indeed help patients improve their mental health and psychosocial function, but there are still unsatisfying psychological results and depression due to unrealistic expectations, an anxiety disorder or a history of personality disorder (Eda, and Kholodenko, Yelena 79). Some people are not satisfied with the results of cosmetic surgery then maybe their look changed but the psychologic problem did get help. Therefore, they want to do more surgery to fix their weakness. Cosmetic Surgery give those patients hope cause them did the surgery again and again for the perfect look. They are called "never satisfied" patients which is they addicted to surgery and they usually all have body dysmorphic disorder (BDD). BDD is a dysphrenia that people will have illusion to think of their have defect of their appearance. They want to be perfect then putting expectations on cosmetic surgery.

Surgery can bring damage for both patients and surgeons. BDD can encounter the problem, depression and adjustment problems, social isolation, family dysfunction, self-destructive behavior (Eda, and Kholodenko, Yelena 79). BDD patients excessive care their looks and complain their appearance up to three to eight hours today. Among 50% of BDD patients will consider accepting the cosmetic surgery. There have 6.4% of them are looking for non-psychiatric treatment which is through the way of cosmetic
Those patients can bare surgery process repetition all over the time. During the research of Edgerton, they found out persons who have postoperative mental disorders in rhinoplasty accounted for 55% of the total number of patients, including 55 women and 115% of men with rhinoplasty. Personality traits have also been identified as having a definite effect on cosmetic results. 50% of patients were diagnosed as having a personality disorder (Roberta J, Phillips and Castlt 2). Patients could not accept a cosmetic appearance and were defined as “disfigured” and required further surgery to recover their previous Appearance.

BDD patients also feel lack of confident of their look and they are more sensitive than normal people about others evaluate. Some of the BDD are inborn but most of them are caused by the show up of the cosmetic surgery industry. There has a specific example of BDD patient and how cosmetic surgery destroy person’s confidence and make people be addicted to surgery step by step. We all know Michael Jackson, one of the greatest singer in American and be known as “King Of Pop”. However, Michael Jackson did more than one hundred surgeries try to reach the appearance he except but he failed and indulge in cosmetic surgery. He did skin bleaching to him look like a white person, botox fillers, bleached skin, cheek implants and lip augmentation. In 1991, after his nose had undergone five operations, his nostrils began to assume a triangular appearance (Daily mail reporter, Dailymail.uk). He was very satisfied with his nose but on one occasion he broke his nose and performed numerous repair operations. So that the airway is blocked very narrow and breathing difficulties. Because of the graft on
the face, the implant causes him to have a hole in his skin. He pay a heavy price of doing too much surgery on his face. He lost a part of his ear to rebuild his face and face become pale due to frequent skin bleaching. Last but not least, 50 years old Jackson owed 350 million pounds of debt (Daily mail reporter, Dailymail.uk). That’s the real life happened of Michael Jackson. As the matter of the fact. It also the process that lot patients experiencing now.

The technique of Cosmetic surgery has not become very convincible. Since the advertisement of surgery won’t tell the truth and the risk patient’s need to take during the surgery. Shock, respiratory failure and cardiac arrest may all occur during surgery. Patients not only have to bear high medical costs, but also suffer from inflammation and certain emotional damage. People’s confidence and mental health may be damaged permanently due to the result of cosmetic surgery, since there will always be judgments receiving from the others. Besides, excessive cosmetic plastic surgery on a person can also cause disfunctions on the body. Once patients has body dysmorphic disorder, they cannot rebuild confident again. They will feel less confident and won’t believe others good suggestion. For those reasons, Cosmetic surgery can’t help about people’s mental health and rebuilt their self-esteem.


4. Daily mail repoter, “Revealed: Scalpel by scalpel, how Michael Jackson destroyed his looks in 100 options.” Dailymail, 6 May 2016 http://www.dailymail.co.uk


Nowadays, we have very high technique in medical filed. We also have mature technology and sophisticated equipment to do some surgery and have a high degree of safety. Therefore, the cosmetic and plastic industry has gradually become known and popularized in recent years. It’s easily confuse some of the professional words involved in certain technologies like plastic surgery and cosmetic surgery. They have same process but in medical term are totally different. They are many difference between these two surgery, Seem as in surgery type, the benefit they gain and the purpose of taking these two surgery. Plastic sugary is a surgery by a highly qualified surgeon the propose is to repair damage of skin or tissue to a normal by congenital disorder to a normal stage. People who have undergone major surgery or have been injured due to an accident and who have suffered cleft palate at birth will prefer to do to Plastic surgery and the main surgery include Breast reconstruction and repair of breast reconstruction and repair burned skin by accidents (Stephenmcculley, Cosmetic surgery).

Cosmetic surgery is a unique type of surgery by people who wants to improve their own appearance. It focuses on improve and change appearance that patients feel unsatisfied with then through surgical and medical techniques to improve it. Cosmetic surgery program include liposuction, breast augmentation, fat lifts and body procedures.
The physical and emotional benefits are also the factory to tempt people to have a cosmetic surgery. Cosmetic surgery enhances are that patients dislike. Some of them accept their new change in their body and life to make they more confident and less embarrass when they face people. In general, the defining factor is that plastic surgery is essential surgery, whereas cosmetic surgery is non-essential (Stephenmcculley, Cosmetic surgery). Cosmetic surgery is becoming more popular than ever. According to the statistics of the American Society of Cosmetic Plastic Surgery, more than 11.7 million people underwent surgery in 2007. Statistics were collected data for the first time 10 years ago, and the number of operations increased by more than 400% within ten years (Ray, Linda Positive and Negative Benefit). Because the influence of cosmetic surgery now, so more and more people choose to trust this surgery and willing to experiment on their face even though cosmetic surgery is unnecessary for normal people. What cause them give up their own face and body to choose to do surgery then change it? It because their appearance make then feel stress and embarrass in social contact or just because our own become increasingly concerned about others opinion then cares our appearance. Patient under the attempt and social influence to receive the surgery in goal they wants to improve mental health and psychosocial function through cosmetic surgery. But they avoid the risk would happen in surgery by themselves. Surgery can not satisfy the desire all the time and will bring complications and psychological problems, therefore some patients can not feel life being changed and become more confident. Actually, the acceptance of cosmetic surgery, the motivation of surgery which is media reports have exaggerated the benefits of surgery and
minimized risks, being addicted to surgery and cause body dysmorphic disorder to patients are all the factors that cause patient being not confident of their face and body. I will explain in detail in the following paragraph of my paper what caused the patient have physic and psychological change after surgery.

Cosmetic surgery is keep treading now. There have 15.1 million cosmetic procedures were going on United States in 2013. It's been increase 3 percent from last year (Catherine Hannan, MD What you should know). According to the American Society of Plastic Surgeons (ASPS), shows that in 2003, ASPS members performed 1,781,191 selective surgeries and 7,012,752 minimally invasive surgeries such as botulinum injection and chemical peels. Especially eyelid surgery, Liposuction and dermabarasion are most popular. The data from ASPS shows that buttocck lifts enhanced by 78%, 61% for tummy tucks, and 267% of injection just between 2000 and 2003 (Henderson-King, Donna 1). What will cause cosmetic surgery to become so popular and increase so fast. The answer was the motivation which was the social media and the advertisement influenced young girl so much and give them unrealistic dream that then can change their appearance to another person which have roman nose, big eyes and full lips just like a star. In advertisement, they show perfect people without saying any risk or the....
Work cited:


2. “Dr. Oz and Nutritional Supplements: Last Week Tonight with John Oliver (HBO).” YouTube, uploaded by LastWeekTonight, 22 Jun 2014, https://www.youtube.com/watch?v=WA0wKeokWUU&t=124

Immature of cosmetic surgery

Fake advertisement
Cosmetic surgery advertisements and has exaggerated the benefits of surgery and minimized risks.

Unprofessional doctors clinics & clinics
Plastic surgeons do not have extensive medical training and only basic medical degrees.

Acceptance & Confident
Can not help patients build their self-esteem. Fail surgery or the very successful surgery cause addicted to surgery.

Tips
Check the reputation and certificate of the surgeon
Always be confident
Get all of the information of the surgery process
Be aware of the risk of complications

Cosmetic surgery is expensive and can not get the perfect face

Patients feel depression, loneliness and anger on doctors
Long time to heal to heal and patients feels uncomfortable in public and unable to continue their work.
Works Cited


Plastic Surgery is my research topic. In the process that looks at information about my topic then I realize Cosmetic Surgery is what I really want to research and discuss about. Why is this topic worthy of researching? Cosmetic surgery has never been as popular or even socially acceptable as it is now. Cosmetic surgery program include liposuction, breast augmentation, fat lifts and all the program are for a goal to change your appearance. More and more people face the risk, costs and other comments of doing a cosmetic surgery. I will talk about the effects and the disadvantage of doing a surgery to support my research question that cosmetic surgery makes people feel a lack of confidence through “The Acceptance of Cosmetic Surgery: Scale Development and Validation” this journal article and the investigate that they did it from 1489 employees at Loyola University in Chicago (Donna et al. 135). They want to become beautiful but they afraid. Cosmetic is a new industry and now become popular. So people full of doubt and curiosity of this industry. There have many questions deserve us thinking about it. Is cosmetic surgery really made people feel more confident? Acceptance of cosmetic surgery? That’s all the questions worth to research. As a result, I’ve find the answer in source “The Effects of Cosmetic Surgery on Body Image, Self-Esteem” did a research from patients who did cosmetic surgery that said sometimes it can help
patients to build confident. But most of all are all psychological effect and there have many uncertain factor and risk need to take. In general, plastic surgery is defined by people who have a reconstruction of facial and body defects due to birth disorders, trauma, burns, and disease. They must do the plastic surgery to fix those disease. But cosmetic surgery to people who lack self-confidence or feel dislike for some part of their body. Is a surgery specific to improve a patient’s appearance and it can proceed in all areas of our body. So. I will introduce that two surgeries first and tell about their difference. Make it clear to the reader just like me who confused about those two surgeries. The main idea of my paper is to state that cosmetic surgery cannot make patients being more confident. So, I need to find the source of the definition and difference of these two surgeries.

Nowadays, there have more and more people willing to do the cosmetic surgery to enhance their appearance. It not only because of cosmetic surgery technique more and more mature in advertise and has good techniques than before. Surgery can also increase their confidence and bring happiness by doing a surgery to make patients feel new about themselves. I am going to use a source from Von Soest to detail instructions what cosmetic surgery procedures include and how to make patient satisfied. Write the history and the costs of cosmetic surgery to show the technique and set some example to show why people choose to have a surgery.

I need to find the source of how this surgery makes them feel confident and what have really changed their life or is it just make them be fully tortured of themselves
because of other’s judgments. I will thorough talk about the costs, the risk they need to take, the benefits of any treatment outweigh the negatives or not. Find that source to prove cosmetic surgery can really make people feel confident or not. My argument is cosmetic surgery is not the best way to build self-esteem and cannot make them more confident than before. I am going to write the side effect and the risk people need to take, the actual investment form patients, the body dysmorphic disorder and unreal advertisement to support my argument.

I already find the article “A Review of Psychosocial Outcomes for Patients Seeking Cosmetic Surgery” to the literature on psychological and psychosocial outcomes for individuals undergoing cosmetic surgery, which investigate whether elective cosmetic procedures improve mental health and psychosocial function and whether there are unsatisfactory psychological results. Another source “Attitude Toward Cosmetic Surgery Patients: The Role of Culture and Social Contact” is socially evaluated of cosmetic surgery. They found out participants consider cosmetic surgery patients more negative attributes and find that cosmetic surgery is not acceptable. This evidence can help me indicate why a lot people willing to the surgery, but they still feel lack of confident and unhappy.
Annotated Bibliography


This source mainly introduces what the different between Cosmetic Surgery and Plastic surgery. It divides to several parts to talk about their difference. Tell us the definition and the benefit to have those surgery. Plastic surgery was focus on who have suffered in an accident or who have major surgery before. Cosmetic Surgery was for everyone that they dissatisfied with a particularly area of their body and they want to fix it. I will use this source on my introduction of my paper. To definite what is plastic surgery and what is Cosmetic Surgery and how their different to each other. To make it clear why people willing to do the Cosmetic surgery and what's benefit their have. To make it easier to understand and lead to my thesis and to make an argument.

2. Attitude Toward Cosmetic Surgery Patients: The Role of Culture and Social Contact


Though this source, we know the Cosmetic Surgery more and more popular now and the research shows that the attitude towards cosmetic surgery patients is mainly
negative: Participants consider cosmetic surgery patients more negative attributes and find that cosmetic surgery is not acceptable. It offers a lot of examples of people who have surgery, but these patients can not truly feel their social relationships being improved, their subjective well-being may also suffer. They start to care of others' view and reflection. This source can support my thesis by his research in Hong Kong, Japan, and the United States. I can know exactly how people feel and how their life being changed after they have surgery to make reader know although cosmetic surgery being more acceptable now but patient did not feel confidence than before.

3. A Review of Psychosocial Outcomes for Patients Seeking Cosmetic Surgery


This source searched appropriate computerized databases for studies that evaluating psychological and psychosocial status before and after elective cosmetic surgery. The result is although most people look satisfied with the results of plastic surgery, some people do not. Because surgery is extremely risky and it is possible to make mistakes unsatisfactory results of cosmetic surgery or failure to meet psychological expectations can cause psychological harm. It provides me the data that I can use to make comparison between the satisfactory of the consumers, and it also talks about the risks of plastic surgery, so that there is a argument of rather taking a surgery is worth it or not.
4. “Under the Knife and Proud of It: An Analysis of the Normalization of Cosmetic Surgery” URL: http://journals.sagepub.com

Citation: Brooks, Abigail. “Under the Knife and Proud of It: An Analysis of the Normalization of Cosmetic Surgery. Critical sociology, volume 30, issue 2.2004

This article is very good source to help my research paper. It investigating Americans' Growing Acceptance and Recognition of Cosmetic Surgery. Provide me some data about the grown of cosmetic surgery in American then, I can use it in my paper to provide my opinion how cosmetic surgery popular now. It also talks about why cosmetic surgery become normalization and present some potential consequences of plastic surgery. This article also investigate several factor that lead those surgery more common now and analyzed some of its effect. Like the relationship between cosmetic surgery and scientific advancement, technological innovation how they can help physical and mental health. But Surgical techniques are still not very mature and the body accepts new liposuction techniques will have some negative influence by giving a specific example. I can site those example in my paper to support mt thesis that cosmetic surgery have negative influence to our body.

5. “Cosmetic surgery: What you should know” URL: www.medicalnewstoday.com

Citation: Nordqvist, Christian. “Cosmetic surgery: What you should know”, Catherine Hannan, medicalnewstoday, 10 March 2018.

This sources is a website and it’s mainly talk about what we should know about
cosmetic surgery. This sources introduce the surgery type and uses. The through introduce the operate method and through what process can reach the effect that patient desired. The popular surgery type like breast surgery, liposuction, skin, fillers, grafts and laser treatment all can help female to improve their appearance. They can also reduce wrinkles, lines and scars, but they are not permanent and require repeated surgery to maintain. Some surgeries may also cause complications. They also describe what problem will happen after surgery. This source can help me to supplement the basic information of cosmetic surgery. Let my reader get into what my topic wan to transfer.

6. Acceptance of cosmetic surgery: Scale development and validation


This article is about a research in adult and undergraduate women and men their acceptance of cosmetic surgery. They have been running on four examination to shows cosmetic surgery acceptance and external appearance satisfaction. The Result shows that people feel less confident and they want to be more attractive so they decide to do the surgery. They research the reason why people want to have the surgery. They find out it related to age and gender, body-esteem and body shame and the others
attitude and view. It a excellent base on the research they have done. This research was
did in 2003, but the case is very similar to the situation in nowadays in 2018. Therefore,
this source is absolutely relevant to my research paper. I can qoute the data and the table
this article have provided to bring up a corner point specific to woman and what cause
woman want to do the surgery. It can narrow down my topic to cosmetic surgery make
people have social and cultural influences on the psychology of the body.

7. Coila, Bridget. “What Are the Pros & Cons of Cosmetic Surgery?” livestrong.com,
14 Aug. 2017. URL: https://www.livestrong.com/article/18299-positive-negative-
benefits-plastic/

As the title, this article is talks about the advantage and the disadvantage of
cosmetic surgery. This article talks about the influence of confident, mental and
physical health ,the complication will show up in cosmetic surgery and the patient's
expectation of surgery. The factor of this article provide for me I will all detailed
description in my article. I will use the advantage of cosmetic surgery to lead my topic
and use the disadvantage to show what points and opinion I will made in rest of my
paper.

8. The Central Importance of Information in Cosmetic Surgery and Treatments
Citation:Lorenzo, Pierpaolo Di et al. “The Central Importance of Information in
1 May 2018.

This journal article talks about the motivation of cosmetic surgery. They think the
main reason is social and Cultural Factors in Modern Consumer Society. Because the
widespread dissemination of advertisements has increased the awareness of the cosmetic industry and media reports have exaggerated the benefits of surgery and minimized risks. The discuss the definition of health through legal and scientific community two aspects. According to the law, providing information to patients is an integral part of medical services and ensuring that health is necessary. This article present a lot of law to saying what patients need to notice and really help me when I site the example of the risk of cosmetic surgery and bring out other points of cosmetic surgery advertisement.


This article use interview method to describe why cosmetic surgery advertisement need be more control. It talks about what need to change and show the real impact of operations without fake information and exaggerated the impact of surgery. It said the advertisement just show the perfect side of the surgery and make girl have illusion want to change themself. They did not mention any of the risk and possible side effect. On the other hand, the ad also influence the young people to make a loans to do the surgery. Therefore, the advertisement need to change to more real. Those aspects can support my point that surgery make people unhappy by saying the advertisement. It’s also one of the risk and tempt of the cosmetic surgery.


This journal article do some research that is there have effect on body image, self-esteem and psychological problems of cosmetic surgery, and the psychological problems before have improved after surgery or not. They through questionnaire approach to ask the patients the changes after six month of the surgery. The result shows people feel more confident than before. But there still have a lot factors to influence the results. The reason is the improvement in psychological measures may be due to short-term changes in the attitude of one's appearance, which in itself is to legitimize the decision to go through plastic surgery. This article helps me have the point of opposite side. But in concision, this research still not convective and have uncertain factors.


This journal article is a very good source to describe the body dysmorphic disorder. It’s talks about the definition of beauty is changing nowadays. But the people who has body dysmorphic disorder they cannot control their own negative thoughts, and they do not believe those who tell them to look good. So they have improved their
dissatisfaction with their appearance by undergoing several operations. But, the truth is cosmetic surgery has no benefit for BDD patients because they always think that they are not good enough, they are not satisfied, and obsession still exists. In all cases, obsession may move from one body part to another, and surgery will continue. I will use BDD as a specific example to shows that the bad effect of cosmetic surgery and use the report in this source. I will through several aspects to support my thesis. BDD is one of the very creditable source.


This source shows that cosmetic surgery statistics in 2011 and people think the economy of surgery always been increase and earn a lot of money. Because there have more and more people choose to do the cosmetic surgery and even make a loan to do the surgery. I can combine this information with another source which is yang people borrow money to do the surgery. Actually, the opinion of the economy is always growing is wrong. The fact is cosmetic companies have introduced many new items that can achieve the same effect without replacing the high cost and replace invasive surgery. Because of the economic decline, more and more people use cheap non-invasive surgery like Botox to instead. I can use this website article to show the finical situation of the cosmetic surgery. This is also one the reason why cosmetic surgery become more popular.
"Plastic Surgery" is my research topic at very beginning. In the process that look at information about my topic then I realize Cosmetic Surgery is what I really want to research and discuss about. Why this topic is worth to research? Cosmetic surgery has never been as popular or even socially acceptable as it is now. More and more people face on the risk, costs and others comments of doing a cosmetic surgery. They want to become beautiful but they afraid. Cosmetic is a new industry and now become popular. So people full of doubt and curiosity of this industry. There have many question deserve us thinking about it. Is cosmetic surgery really make people feel confidence? Acceptance of cosmetic surgery? That’s all the questions worth to research. In general, plastic surgery is defined to the people who have reconstruction of facial and body defects due to birth disorders, trauma, burns, and disease. They must do the plastic surgery to fix those disease. But cosmetic surgery to people who lack of self confident or feel dislike some part of their body. Is a surgery specific to improve a patient’s appearance and it can be proceed on all areas of our body. Like eyes, neck, and body. So I will introduce those two surgery first and tell about their difference. Make it clear for the reader just like me who confuse about those two surgery. So I need to find the source about the definition and difference of these two surgery.
Nowadays, there have more and more people willing to do the cosmetic surgery to enhancing their appearance. It not only because cosmetic surgery technique more and more mature. But also can increase their confidence and bring their happy. I gonna use a source to detailed instructions what cosmetic surgery procedures includes and how to make patient satisfied. Write the history and the costs of cosmetic surgery to show the technique and set some example to show why people choose to have a surgery.

I need to find the source about how this surgery make their confident and really change their life or it just make them be fully tortured of themself because others view. I will through talk the costs, the risk they need to take, the benefits of any treatment outweigh the negatives or not. Find those source to prove cosmetic surgery can really make people feel confident or not.

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talks about the risks of plastic surgery, so that there is a argument of rather taking a surgery is worth it or not.
People usually think of Batman, Superman or Wonder Woman when picking a favorite superhero. They all have things in common, which are their extraordinary powers and abilities, wonderful weapons and ability to save the world on their own. They can do all the things that normal humans cannot. That's why they are being defined as superhero. Sherlock Holmes, a very outstanding private detective, was created by Arthur Conan Doyle and first appeared in A Study in Scarlet. Sherlock Holmes appeared as “consulting detective,” and he helps police to observe the detail in crime scene, thereby to attract criminals. He was well known and become widespread because of his stories. Sherlock Holmes has so many people like his story and keep following him. Many movies and TV shows are adapted from this character and story. Sherlock Holmes TV shows has average of 11.82 million viewership and is the highest rated television series in the UK. Therefore, "Sherlock," was the most famous one which was the TV series created by Steven Moffat and Mark Gatiss and published of the British network BBC in 2010 (Sherlock Wikipedia.org). It shows Sherlock's appearance and his personality and the story is set in the prosperous metropolis of the 21st century in England. Sherlock Holmes used various modern technologies including Email, Internet and GPS to detect crimes (Sherlock Wikipedia.org). Sherlock use email to obtain interesting case and have an idea of all the information. GPS helps to check the location
that crime may stay and track the weather to narrow down the location. Unlike Batman and Superman needs people to manipulate them and have the unnatural power. Those technologies is real exist and Sherlock use them wisely and connect with his inference. That’s one of the reason makes Sherlock so special compare with other superhero and make him become the best superhero ever. It retains many of the classic elements of Arthur Conan’s original novel, which makes Sherlock popular.

Sherlock Holmes was a great detective and many people consider him a superhero. As a superhero, need to have the mission to complete like save people or protect city. There also need evil power to against and fight with superhero. He has a city he needs to protect, which was London, and there have been several cases when he works for London government and help city out of trouble. Dr. John Hamish Watson is his trustworthy and dependent partner and always supports Sherlock. He has an enemy and superpower as well (5 reasons Sherlock is a super hero, sherlockshome.net). Jim Moriarty is Sherlock’s enemy, he always set up a lot of challenging serial case and make it interesting to Sherlock. That’s why Sherlock become a superhero. But what make Sherlock become a greater superhero than Superman and Batman? On the one hand, Sherlock was different to other superhero that he was closer to our lives. We can find things that happen in our life from Sherlock’s life. It makes him become more real, and we can learn a lot from the cases he solved. Such as use blank mind to thinking, then you can get the new point of view. Always trust yourself, your mind, your solution.

On the other hand, he does seem shrewd, deliberate, unsentimental and
unapproachable, which are all characteristics that people do not like. But, that's what a detective need to be. Detectives need to always keep their mind clear and cannot be judged by their emotions. Sherlock knows exactly what time he needed to be calm and he can grasp the balance between those two. People will wondering it’s similar to batman. But batman is more deviation in cartoon filed. The case has been exaggerate and won’t happen in real life. Sherlock is more like the things will happen in Daily life. Those factors make Sherlock different than other superheroes and also cause him to become one of the greatest superhero of all time.

The best way to find out what superhero popular or not was to see their achievement and public repercussions. When "Sherlock" first appear in public view, it received a lot of attention and good reputation. Sherlock has been nominated for numerous awards including Emmys, BAFTAs and Golden Globe, winning several awards across a variety of categories. According to overnight data provided by the Broadcasters' Audience Research Board (BARB), the highest audience rate of the first series was 7.5 million of the episode "A pink study." Those data shows “Sherlock” become very popular and well known all over the word. The averaged view people of second series approach 8 million people. “Sherlock” this TV series gain an average of 11.82 million viewership ratings, becoming the highest rated television series in the UK since 2001. This episode has been broadcast in more than 200 countries. This drama also very successful in business filed. All nine episodes of the three seasons have been sold on DVDs and Blu-rays, and some if the Conan Doyle's original novels have been commercialized. In January 2014, the show released an official mobile app "Sherlock:
The Network" (Sherlock, Wikipedia.org). Those data shows that “Sherlock” has very high audience and market acceptance. Its means many people knows this TV episode and know Sherlock as a superhero. It's all the reward that this drama gains and all the story were based on the original novel. So, Sherlock Holmes has achieved great success. That means many people likes him and consider him as a best superhero.

The greatest weapon that Sherlock has is his brain. Not like Spider man who has web shooters or like Wonder Woman's weapon Lasso of truth, it can force people to tell the truth. Those weapons all can protect them during the fight with enemy. In contrast, Sherlock's weapon was not useful and not powerful as a real weapon like knife and super power. But he has incredible abilities to uses his brain and eyes to observe all the things just happened. Whenever it's at the scene of the case or through people's clothes, he can use his powerful observation capabilities to find clues and solve mysteries. In the blink of an eye, Sherlock can know one person and tell people what this person hiding (5 reasons Sherlock is a super hero, Sherlock's Home.net). He always shows off his ability and tells someone's secret in front of people. He makes people embarrassed. For instance, when Molly go to Christmas party hold in Sherlock’s home. Sherlock by looking Molly’s make up and the fancy packing of the gift to judge that Molly likes someone and that person in this party. It makes Molly awkward and embarrassing. Because the person that Molly like is him. So, people don't like him and do not want to look into his eyes. Pride and arrogance are his weak points, but it's also show us his personality and make him more real for us. In BBC version, over 4 seasons, Sherlock goes from an obsessed person to someone who cares about people around him,
a person with superhuman consciousness.

John Watston plays a very important role in Sherlock's career and even his personal life. He always forgives him and supports him. John helps him a lot in the heart and the medical knowledge. They are best partners and one of the few friends that Sherlock has. Some people think that some plots in the TV show also hint at Holmes’ homosexual relationship with Watson. There has another character called Molly who work in lab like Sherlock (Sherlock, Wikipedia.org). Those story and relationship make this TV series more ornamental, allowing the audience to invest more and give the audience the space of imagination. It's more appealing to viewers than Spider-Man, which was only has a heroic plot.

The reason why Sherlock is the best superhero is he can teach us a lot. Such as problem solving and observation. Sherlock teaches us to keep our brains sober all the time and observe all the things that happened around us. Our brains are the best weapon ever. We all have it and make it clam then it will be useful. There are no more things that can makes more exciting than the case. In the Hound of the Baskervilles, the entire cast of characters, including Watson, all go check strange howls and weird events raise the specter of a demon dog prowling lonely Dartmoor. They wonder this case was about a blood-thirsty ghost or an ancient curse? But Sherlock Holmes was not influenced by their guess. He sits back alone and make his mind clear to investigation 101-type chores like checking all the potential suspects’ past public records. Which, prosaically enough, solves the case (Dundas, huffingtonpost.com). Sherlock also teaches to set time for
yourself in a comfortable environment which can help your thinking and not always push yourself. You need to learn how to relax. Sherlock tells us that sometimes the answer is not important but finding the way to get the answer is the most important thing. We can use it when we get in trouble or face some problem. Sherlock is not only a TV series, but also is our teacher. He uses his charm and personality to high efficiency!

Superheroes are commonly working or fighting on their own. They basically save the world with their own hands, which we have always heard that being a hero was not easy and they seem to be alone all the time. However, Sherlock Holmes is a different kind of hero, he is more real and practical. He is like a random person that we can meet in our daily life, he has the knowledge, he can meet friends without knowing how to fly or fight, and he uses what he knows to protect the person that he loves. Isn't he the superhero that dressed in a suit but accomplished great things? Isn't he the hero that seems to be possibly existed around us?
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Think of a superhero. People usually think of Batman, Superman or Wonder Woman or other superhero. They all have the common point which has extraordinary powers and abilities, wonderful weapon and save the world by their own. They can do all the things that normal human cannot complete it and it's always be fictional character. That's why they are being defined by superhero. Sherlock Holmes, a very outstanding private detective, was created by Arthur Conan Doyle and first appeared in a study in Scarlet. Sherlock Holmes appeared as “consulting detective,” and he attract criminals and take a brief in Edwardian London, the south of England, and continental Europe. He was well known and become widespread because of the Strand Magazine, "A scandal in bohemia" this story in 1892. Sherlock Holmes has so many people like his story and keep follow him. Therefore, many movies and TV shows are adapted from this character and story. The most famous one mast be "Sherlock" which was the TV series created by Steven Moffat and Mark Gatiss and published of the British network BBC in 2010 (Wikipedia, Sherlock). It shows Sherlock's appearance and his personality. The story is set in the prosperous metropolis of the 21st century in England. Sherlock Holmes used various modern technologies including Email, Internet and GPS to detect crimes (Wikipedia, Sherlock). It retains many of the classic elements of Arthur Conan’s
original novel Though makes Sherlock more popular and receive very good respond.

Sherlock Holmes was a greatest detective and many people consider him as a Superhero. He has all the conditions needed for a superhero. He has a city needs to protect which was London, there have several cases when he works for London government and help city out of trouble. Dr. John Hamish Watson was his trustworthy and dependent partner and always support Sherlock and help him. He has an enemy and superpower as well. (Sherlock's Home, 5 reasons Sherlock is a super hero). That's why Sherlock become a superhero. But what make Sherlock become a greatest superhero and better than superman and batman those hero? On the one hand, Sherlock was different to other superhero that he was closer to our lives. We can find the things happen on our life from Sherlock’s life. It make him become more real, more sense of substitution, we can learn a lot of knowledge to protect ourselves from the cases he solved. On the other hand, seems like he was shrewd, deliberate, unsentimental and unapproachable has all the characteristics that people do not like. But, that's what a detective need to be. Detectives need to always keep their mind clear and cannot be judged by their emotions. Sherlock know exactly what time he need to be calm and he can grasp the balance between those two. Those factors make Sherlock different with others superhero and also cause him to become one of the greatest superhero.

The best way to find out this superhero popular or not was to see their achievement and public repercussions. When "Sherlock" first appear in public view, it has been received a lot of attention and good reputation. Sherlock has been nominated
for numerous awards including Emmys, BAFTAs and Golden Globe. Winning several awards across a variety of categories. According to overnight data provided by the Broadcasters' Audience Research Board (BARB), the highest audience rate of the first series was 7.5 million of the episode "A pink study." The averaged view people of second series approach 8 million people. “Sherlock” this TV series gain an average of 11.82 million viewership ratings, becoming the highest rated television series in the UK since 2001. This episode has been broadcast in more than 200 countries. This drama also very successful in business filed. All nine episodes of the three seasons have been sold on DVDs and Blu-rays, and some if the Conan Doyle's original novels have been commercialized. In January 2014, the show released an official mobile app "Sherlock: The Network" (Wikipedia, Sherlock). It's all the reward that this drama gains and all the story were based on the original novel. So, Sherlock Holmes has achieved great success. So many people like him and consider him as a best superhero.

The greatest weapon that Sherlock have and use it to defeat the opponent was his brain. Not like superman has web shooters can let him swing building to building or like Wonder Woman's weapon Lasso of truth, it can force people to tell the truth instead of lie. Those weapons all can protect them during the fight with enemy. In contrast, Sherlock's weapon was not useful and not powerful. But he has incredible abilities to uses his brain and eyes to observe all the things just happened. Whenever it's at the scene of the case or through people's clothes. He can use his powerful observation capabilities to find clues and solve mysteries. In the blink of an eye, Sherlock can know one person and tell people what this person hiding for (Sherlock's
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