In search of the perfect brew: B-Town's best kept coffee secrets

By Philip Hersh

The omlet Tera Moody ordered earlier this summer at a Chicago restaurant had mushrooms, tomatoes, spinach, onions—all in a dieth with the surface area of a bowling ball.

It was a meal fit for the elite marathoner Moody has become after evading an eating disorder that nearly ended her running career.

“My advice to young women is to focus on yourself and don’t compare yourself to other people,” said Moody, 28, whose remarkable comeback has led her on to Sunday’s World Championships marathon in Berlin. “I'm not getting fat until I’m going to taste but not to save money.”

Crestwood kept drawing well water from a contaminated well, apparently to save money.

Officials kept using the well even though state environment officials told them at least 22 years ago that dangerous chemicals related to dry-cleaning solvent had seeped into the water.

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The agency found not only that the well was still contaminated but that Crestwood had been pumping the water, unsuited, to residents.

Since then, the EPA has cited Crestwood twice for violating environmental laws, yet has failed to notify people who drank the well water for years.

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