Social Awareness

TEAM 3
Why is social awareness important?

- Ability to understand and respond to the need of others
- Improve your social skills
- Gain others’ respect as you apply these ideas
- Getting it wrong might make you look uncaring and insensitive
What is social awareness?

- The waiter who suggested something better on the menu
- The teacher that remembers your name
- The person who guides you with directions
- The supportive team leader
Bad social skills examples
What does Social Awareness consist of?

- Empathy
- Organizational Awareness
- Service
So what does being socially aware look like?
What causes loss of empathy?

- College students lack empathy
- Digital communication, social networking, video conferencing etc.
- Easy to say negative things online
- Can log off or unfriend
Types of Listening

- General listening types
  - Discriminative Listening
  - Comprehensive Listening

- Specific Listening types
  - Informational Listening (Listen to Learn)
  - Critical Listening (To evaluate and analyse)
  - Empathetic Listening (To understand and feel emotion)
Other types of listening

- Appreciative Listening
- Rapport Listening
- Selective Listening
Individual activity
WHY ARE WE BECOMING POOR LISTENERS?

- Hurried Living
- Word Game
- Dialogues of the Deaf
- Predatory Prattler
- Technology
Group activity

In your groups discuss about a time when you encountered a situation where something bad happened because of poor listening or something good that happened due to proper listening. It doesn’t have to be serious. Can be a funny story.
TIPS TO INCREASE EFFECTIVE LISTENING

- Face the speaker and maintain eye contact
- Be attentive, but relaxed
- Keep an open mind
- Listen to the words and try to picture what the speaker is saying
- Don’t interrupt and don’t impose your solutions
- Wait for the speaker to pause to ask clarifying questions
- Ask questions only to ensure understanding
- Try to feel what the speaker is feeling
- Give the speaker regular feedback
- Pay attention to what isn’t said – non verbal cues
How to develop social awareness

- Consider the needs of individuals and groups
- Examine your role in a conflict
- Increase your sensitivity to social justice and harmony
- Educate yourself on social issues
- Step out of your comfort zone to experience unfamiliar groups
• Practice compassion
• Commit to a social awareness plan
• Ask other people to support your effort of becoming more socially aware